CHOICE OF ENTREE OR CEREAL

CVHS GRAB & GO BREAKFAST

JANUARY				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	Whole Grain Muffin Top ^+\$ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Apple Brkfast Bites %\$^+@ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Bagel^+ Cream Cheese @ Peanut Butter Cup!! WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Vanilla Brkfst Sq ^+% WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @
9	10	11	12	13
Bagel^+ Cream Cheese @ Peanut Butter!! WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Pillsbury Cinnis ^+@ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Muffin Top^+\$ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Ultimate Brkfst Bar ^+%\$@ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Apple Cinn Muffin ^+% WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @
16	17	18	19	20
	Ch Chip Muffin ^+\$ %@ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Apple Brkfast Bites %\$^+@ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Bagel^+ Cream Cheese @ Peanut Butter !! WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Vanilla Brkfst Sq ^+% WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @
23	24	25	26	27
Bagel^+ Cream Cheese @ Peanut Butter!! WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Pillsbury Cinnis ^+@ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Muffin Top^+\$ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Ultimate Brkfst Bar ^+%\$@ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Apple Cinn Muffin ^+% WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @
30	31	Peanuts!!		
Bagel^+ Cream Cheese @ Peanut Butter!! WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Muffin Top ^+\$ WG Cereal w/String Cheese ^+@ Seasonal Fresh Fruit Juice - Milk @	Pork* Beef# Whey+ Soy\$ Corn> Wheat+ Milk@ Gluten^ Eggs% Fish		

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